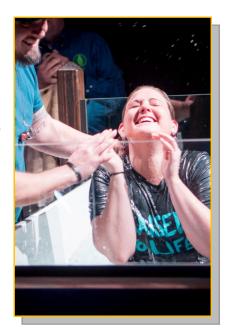
Due to trauma throughout my life, I believed I was worthless and deserved all the bad that came my way. Early on I turned to drugs to cover up the pain and brokenness inside. Meth took over my life right after I graduated from high school. From then, I was in and out of jail.

After 22 months on my first felony meth charge, I thought I could stay sober on my own in the same environment as before. Yet, after 4 months I was in full-blown, IV meth addiction again. In May 2018, I was sentenced to 8 years. Back in my cell after sentencing, I broke down. I didn't know anything about God but I knew that everything I had done on my own had not worked. I cried out to Him and He changed me that day. I began reading the Bible and praying daily. When the time I looked for a re-entry program that would make a difference in my life and God opened a door for me at This Is Living Ministries.

Since being at TILM I have been able to work through the trauma and find my identity in Christ. I now know it is okay to ask for help, to talk to someone when I am struggling. God has a plan for my life far beyond what I can imagine and I am so blessed.



On May 15, 2020, I was baptized in front of my new friends and family. The verse I stand on is Isaiah 41:10 "I am with you, so do not be afraid. I am your God so do not be upset. I will make you strong and I will help you. My powerful right hand will keep you safe."

Thank you, Lindsay and Derek, for showing me the love of Jesus and all the tools that I needed to become whole. I love you so much!

I am Krystal, healed, whole and beautiful in my Father's eyes!

I am THIS IS LIVING MINISTRIES.

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